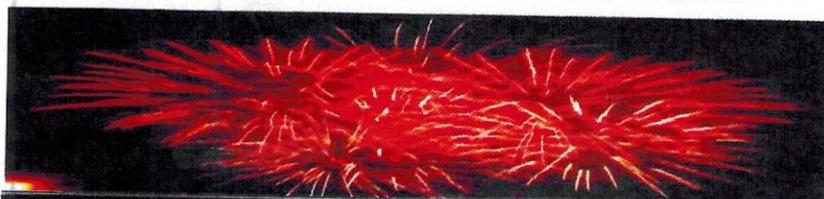
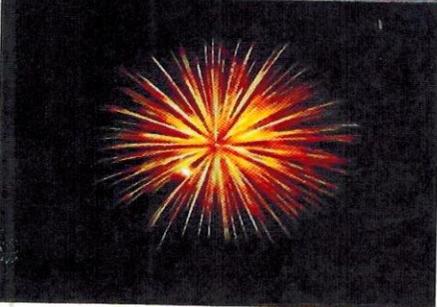


PANGUITCH SENIOR CITIZENS  
JULY 2015 MENU



|  |   |  |
|--|---|--|
|                                   | Wed. Jul. 1   | Thurs. Jul. 2  |
|  | Orange Chicken<br>Fried rice<br>Egg Rolls<br>Peas<br>Mandarin orange<br>Almond Cookies              | Pork Chops<br>Potatoes & Gravy<br>Green Beans<br>Applesauce<br>Rice Pudding                                      |
| Tues. Jul. 7   | Wed. Jul. 8   | Thurs. Jul. 9  |
| Cold Ham & Cheese Sand w/<br>Lettuce & tomatoe,Pickles<br>Potatoe Salad<br>Cottage Cheese & Pineapple<br>Ice Cream | Chicken Fried Steak<br>Potatoes & Gravy<br>Green Peas<br>Jell-o Fruit Salad<br>Peach Cobbler        | Potato Bar with Chili &<br>Broccoli & Cheese Sauce<br>Carrot Raisin Salad<br>Fresh fruit in season<br>Bar Cookie |
| Tues. Jul. 14  | Wed. Jul. 15  | Thurs. Jul. 16   |
| Spaghetti with Meat Balls<br>Green Beans<br>Salad Bar<br>Garlic Toast<br>Pears<br>Pineapple Upside Down Cake       | Oven Fried Chicken<br>Potatoes & Gravy<br>Peas & Carrots<br>Peaches<br>Tapioca Pudding              | Roast Pork<br>Potatoes & Gravy<br>Mixed Vegetables<br>Fruit Salad<br>Lemon Cake                                  |
| Tues. Jul. 21  | Wed. Jul. 22  | Thurs. Jul. 23   |
| Taco Salad w/meat,beans,<br>lettuce,tomotoe,cheese<br>Pickled beets<br>Peaches<br>Cake w/ Butter icing             | Chicken cordon Blu<br>Potatoes & Gravy<br>Mix Vegetables<br>Peaches<br>Raisin Apple Turnover        | Cheese burger w/Lettuce,<br>tomatoes,pickles,onion<br>Potatoe Wedges<br>Peaches<br>Ice Cream                     |
| Tues. Jul. 28  | Wed. Jul. 29  | Thurs. Jul. 30   |
| Fish<br>Rice Pilaf<br>Mixed Vegetables<br>Tropical Fruit<br>Spice Cake with Butter Icing                           | Ravioli & meat sauce<br>Green Beans<br>Salad Bar<br>Garlic Toast<br>Pears<br>Chocolate chip cookies | Grilled ham & cheese Sand<br>Mac Salad<br>Chips<br>Beets<br>Fresh fruit in season<br>Chocolate Cake              |

Please call for reservations before 10:00 A.M. 676-2281 OR 676-1140

60 and over \$3.00 under 60 \$7.00

All meals include bread & milk