

**OCTOBER 2015**

Mon	Tues	Weds	Thurs	Fri
<p><b>Congratulations to our Prize Winners...</b></p>			<p><b>1</b> Exercise Class @3:30 P.M. Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>2</b></p>
<p><b>5</b> Dr. and Shopping in Cedar City bus will pick up @ 7:30 a.m.  Exercise Class @ 3:30P.M.  Weigh In Class @ 5:00 P.M.</p>	<p><b>6</b> Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>7</b> Bingo Following Lunch</p>	<p><b>8</b> Exercise Class @ 3:30 P.M.  Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>9</b></p>
<p><b>12</b> Exercise Class @ 3:30 P.M. Weigh In Class @ 5:00 P.M.</p>	<p><b>13</b> Pickleball From 7:00 P.M. to 9:00 P.M.</p>	<p><b>14</b> House Of Hearing Please Call For an Appointment 1-800-794-5534</p>	<p><b>15</b> Mel &amp; Becky for Medicare @ 1:00 P.M.  Exercise Class @ 3:30 P.M. Pickleball from 7:00p.m. to 9:00 p.m.</p>	<p><b>16</b></p>
<p><b>19</b> Exercise Class @ 3:30 P.M. Weigh In Class @ 5:00 P.M.</p>	<p><b>20</b> Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>21</b></p>	<p><b>22</b> Exercise Class @ 3:30 P.M. Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>23</b></p>
<p><b>26</b> Exercise Class @ 3:30 P.M. Weigh In Class @ 5:00 P.M.</p>	<p><b>27</b> Pickleball from 7:00 P.M. to 9:00 P.M.</p>	<p><b>28</b> Prize Drawing  R.N Jody Carter Health Screening</p>	<p><b>29</b> Exercise Class @ 3:30 P.M. Pickleball from 7:00 P.M. to 9:00 P.M.</p>	

**A van will be provided for three or more each Thursday for doctor appointments in Panguitch. Phone Number 826-4317**

