

December 2015				
Mon	Tues	Weds	Thurs	Fri
	1	2	3 Exercise Class @3:30 P.M. Pickleball from 7:00 P.M. to 9:00 P.M.	4
7 Dr. and Shopping in Cedar City bus will pick up @ 7:30 a.m. Exercise Class @ 3:30P.M. Weigh In Class @ 4:45 P.M.	8 Pickleball from 7:00 P.M. to 9:00 P.M.	9 House of Hearing Please Call for an appointment 1-800-794-5534	10 Exercise Class @ 3:30 P.M. Pickleball from 7:00 P.M. to 9:00 P.M.	11
14 Exercise Class @ 3:30 P.M. Weigh In Class @ 4:45 P.M.	15 Pickleball From 7:00 P.M. to 9:00 P.M.	16 R.N Jody Carter Health Screening Christmas Entertainment With Brent & Ted @ Lunch	17 Sons Of The Utah Pioneers Dinner @ 5:00 Exercise Class @ 3:30 P.M. Pickleball from 7:00p.m. to 9:00 p.m.	18
21 Exercise Class @ 3:30 P.M. Weigh In Class @ 4:45 P.M.	22 Center Will Pickleball from 7:00 P.M. to 9:00 P.M.	23 Be Closed During	24 The	25 Holidays
28 Exercise Class @ 3:30 P.M. Weigh In Class @ 4:45 P.M.	29	30	31	

A van will be provided for three or more each Thursday for doctor appointments in Panguitch. Phone Number is 826-4317

