



Bryce Valley Senior Center

In Henrieville

Temple Trips

Apr-16

Mon	Tue	Wed	Thur	Fri	Sat
				1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30

16-May

Mon	Tue	Wed	Thur	Fri	Sat
2	3	4	5	6	7
9	10	11	12	13	14
16	17	18	19	20	21
23	24	25	26	27	28
30	31				

16-Jun

Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4
6	7	8	9	10	11
13	14	15	16	17	18
20	21		23	24	25
27	28	29	30	31	

Dates may change

Scheduled Trips: Call to check where we're going & to let us know you want to go. Also Request Other Trips

More trip Info Contact Doug 616-8926

We need your support.

Please consider coming to the Senior Center for lunch at least once a month to help us boost our Center attendance.

Serving Tropic, Cannonville, Henrieville

Menus for APRIL, MAY and June
Please call for a Meal
by 10:00 AM
679-8666

*Under 60 the meal costs \$7.00
60+ \$3.00 suggested donation*

The Van can pick you up if you would like to come to the Center to eat. (no charge for ride)

“Walk with Ease” Exercise Class

Every Tuesday 12:30-1:30

Everyone can do these exercises

BINGO 2nd Tuesday of each month

Delicious fresh cooked prizes

14th Annual

Southern Utah Seniors Conference

Friday May 13, 2016 -

Registration by Friday April 29, 2016

For guaranteed seating for Free Lunch

Call Amy Brinkerhoff (435-867-6020)